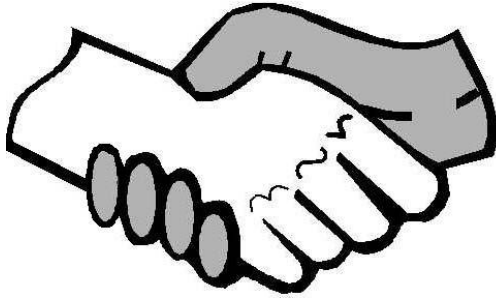


See you online!



UNDERSTANDING
IS
THE SOLUTION

Pat's Mental Health
Review *Online*

WEBSITE ADDRESS

<http://home.att.net/~LetFreedomRing>

Sample Presentation Materials at:

<http://home.att.net/~parisser/index.html>

Email Pat Risser
parisser@att.net
Ashland, OH USA
Ashland County
Phone (503) 655-2530

**Consumers/Survivors
and Others**

Pat Risser has been providing award-winning trainings in the mental health field since 1987 and has provided a wealth of information to professionals, students, families and consumers/survivors.

**Special Expertise in the
Following Subjects:**

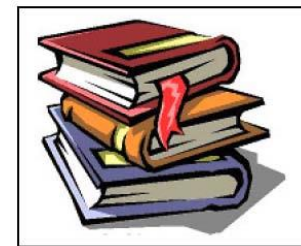
- **Recovery and Recovery Oriented Systems**
- **Consumers/Survivors as Workers in the Mental Health Workforce**
- **Trauma Issues**
- **Dealing with Mentalism (AKA Sane-ism, Stigma and Discrimination)**
- **Case Management**
- **Building Empowerment**
- **Employment Issues**
- **Building a Modern and Progressive Mental Health System**
- **Consumer's, Families, Professionals and Others Together Collaboratively**
- **Patients' Rights**



**MENTAL HEALTH
CONSULTING,
TRAININGS and
PRESENTATIONS**

FOR:

- Professionals
- Students
- Families
- Consumers



Community Support,
Outreach, Education,
Consultation and Training

Available in Person and on the
Internet

Knowledge is Power

Information About Suggested Technical Assistance Trainings:

The following is a partial list of suggested possible topic areas and topics that could be covered either singly or in combination. All trainings are tailored to the specific needs of an individual or group. I create materials, exercises and resource materials or manuals suited to your needs. If you are interested in a training not listed here, contact me and I will work with you. The following trainings can range from one hour to several days long, depending upon the needs of your group. More detailed descriptions are available on the web.

Modern Mental Health in the 21st Century: Recovery and Wellness; Discrimination; Trauma; Evidence-Based Practices

The Concepts of Recovery and Wellness; Current Myths in Public Mental Health; Obstacles to Building a Better Mental Health System; Mentalism, How to Recognize This Discrimination and How to Overcome It; The History of the Consumer/Survivor Movement and Where It's Going; Consumers/Survivors as Partners in Mental Health Planning; Consumers/Survivors as Valued Employees and Co-Workers; Benefits of Consumer/Survivor Workers; History of Consumers/Survivors Working in Mental Health; The Role of Consumers/Survivors Working in Mental Health; Power-Sharing as a Service Delivery Concept; Recognizing and Treating Trauma and Avoiding Iatrogenic Traumatic Effects; Evidence-Based and Best Practices of Today.

Training Mental Health Consumers to Work in Public Mental Health

Developing a Curriculum; Finding Funding; Finding Facilities; Day-To-Day Classroom Operations; Outreach; Student and Staff Support; Research Design; Benefits of Consumer/Survivor Workers; History of Consumers/Survivors Working in Mental Health; Follow-Up Supports; Building Coalitions; Developing Resources; The Role of Consumers/Survivors Working in Mental Health; Stress Management; Locating Presenters; Building Consumer/Survivor Self-Confidence and Self-Esteem; Coping with Burn-Out.

Consumer-Directed Career

Development for People with Psychiatric Disabilities, Career Counseling and Goal Planning

Building Employment and Community Connections; the Rehabilitation Process; the Strength's Model; Building Skills; Building Self-Confidence and Self-Esteem; Strengthening Recovery Through Meaningful Employment; the Assessment Process; Career Planning and Development; Goal Setting; the Value of Work, the Difference Between a Career and a Job and How to Use this Information in Working with Consumers/ Survivors; Building Coalitions Between Vocational Rehabilitation and Mental Health.

Consumer-Directed Service Planning; Self-Determination

The Community Support Model of Service Delivery; Consumer/Survivor Participation in Local, State and National Community Mental Health Service Planning, Design and Implementation; Outreach, Support and Involvement for Meaningful Consumer/Survivor Participation; Boards, Councils and Committee Involvement; Being Alert to the Problem and Overcoming Tokenism; the Structure of the Mental Health System in Your Area; Opportunities for Involvement; How to Come to the Table Informed; How to Ask Good Questions; Advisory Boards; Quality Assurance Boards; Grievance Committees; How to Get Involved in Managed Care; Quality Insurance versus Quality Assurance; Learning the Language of Behavioral Health Care; the Difference Between Client-Centered and Client-Directed Services; What Really Helps and How to Get There from Here; Self-Determination and Service Planning; Creating a Crisis Plan to Avoid Hospitalization; Creating and Using Advance Directives.

Consumer Owned and Operated Services

Finding Funding; Finding Facilities; Running a First Meeting; Recruiting Other Members; Effective Publicity; Running Groups; Assertive Communication; Stress Management; Obtaining Nonprofit Status; Consensus Model and Other Methods of Managing a Consumer/Survivor-Run Organization or Business; Developing Business Plans; Effective Administration; Creating a Board of Directors or Advisory Board; Handling Personnel and Staffing Issues; Accounting and Fiscal Responsibilities; Community Networking; Setting Up and Using Computers.

Internet Solutions

Pat Risser is a published author with

many of his articles available online in various formats ranging from text only to full-length slide show presentations. Pat Risser's Mental Health Review online was established to provide basic access to consumers, family member, professionals and others who aren't able to hear and see Pat in person. The materials are designed to offer people answers, insight and support in an easy to use, friendly format at:

<http://home.att.net/~LetFreedomRing>

Specific Presentation Materials May be Found at:
<http://home.att.net/~parisser/index.html>

Pat's Resume/Vita (short) can be found at:
http://home.att.net/~LetFreedomRing/personalinfo/Risser_MHSuimary.htm

Pat's Resume/Vita (long) can be found at:
<http://home.att.net/~LetFreedomRing/personalinfo/res.html>

A Complete Listing of Pat's Publications, Papers, Workshops and Presentations can be found at:
<http://home.att.net/~LetFreedomRing/training/traininglist.html>

Additional Copies of this Brochure can be found and downloaded at:
http://home.att.net/~LetFreedomRing/Pat_Brochure.pdf

For Resume/Qualifications Specific to the Topic of:

Recovery and Wellness –
<http://home.att.net/~LetFreedomRing/RecoveryRes.htm>

Self-Determination –
<http://home.att.net/~LetFreedomRing/SelfDeterminationRes.htm>

Trauma –
<http://home.att.net/~LetFreedomRing/TraumaRes.htm>

Employment –
<http://home.att.net/~LetFreedomRing/EmploymentRes.htm>